Cooking Pasta with Adelina: Because Life is Too Short for Plain Noodles, 1995, 128 pages, Adelina Willem, 0964881004, 9780964881006, Adelina Willem, 1995

This book shows how to make, cook, and serve flavored pastas with vegetable and / or meat sauces that complement the flavor in the noodle. The recipes allow for substitution of ingredients to please individual taste, and the appendix contains the secret to cutting some or all of the fat out of

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